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Success is very personal to each of us. But what we all share in common is the journey. As lifelong learners, we appreciate the lessons in adversity, we support each other, we persevere, and together, we reach new heights.

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GRADE 8**

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Each one of our public schools is unique and offers a wide range of services, activities and supports to make you and your children feel part of the school community.

**Registration takes place
on August 27, 28 and 29.**

Visit the office of your home school to complete the registration process. We look forward to seeing you there!

For a list of schools near you, visit:
www.dsbni.org/schools

**How old should my
child be to attend
Kindergarten?**

If you have a child who will be:
four or five 31/03/2013
December 31, 2013, please go to www.dsbni.org/schools

**YOUR
CHILD'S BUS
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Starting August 19, parents can go online to view their children's bus routes, pick-up and drop-off times and more by using our secure, online portal. Go to www.rts.ca and click on the parent sign-in tab. Have your child's Ontario Education Number (OEN) ready! It is on the June 2013 report card) as you will need this to register.

For students entering Kindergarten for the first time, information will be mailed directly to your home.

**Success
starts
here!**



SCHOOL TOOL!

SECONDARY SCHOOL GRADE 9-12

Get Ready, Get Set, Register!



**August 26-30 is
Registration week.**

It's a great time to pick up your timetable and get caught up with friends and favourite teachers. For Grade 9s and graduating students, it is the beginning of a new chapter. Check out the list below to find out your school's registration dates & times.

**A.N. Myer
Secondary School**
anmyer.dsbm.org
Registration Times:
8:00 am - 3:00 pm
Grade 10, 11 & 12:
August 27 & 28
Grade 9: August 29

**Bearsville District
Secondary School**
bearsville.dsbm.org
Registration Times:
9:00 am - 2:00 pm
Grades 10, 11 & 12:
August 26 & 27
Grade 9: August 28
Grade 10: August 29
Grade 11: August 30
Grade 12: August 31

**Eastdale
Secondary School**
eastdale.dsbm.org
Registration Times:
9:00 am - 1:00 pm
Grades 10, 11 & 12:
August 27 to 29
Grade 9: August 29

Eden High School
eden.dsbm.org
Registration Times:
9:00 am - 12:00 noon
Grades 10, 11 & 12:
August 27 & 28
Grade 9: August 29
Families with students in multiple grades are

**Grimby
Secondary School**
grimby.dsbm.org
Registration Times:
9:00 am - 3:00 pm
Grade 10: August 27
Grade 11: August 28
Grade 12: August 29

**Luna Second
Secondary School**
www.lunasecond.org
Grade 12: August 27
9:00 - 11:00 am
Grade 11: August 27
9:00 - 11:00 am
Grade 10: August 28
9:00 - 11:00 am
Grade 9: August 29
9:00 - 11:00 am

**Port Colborne
High School**
porthigh.dsbm.org
**Grade 12 (Last name
A-L):** School to
August 27
Grade 11: August 28
9:30 - 11:30 a.m.
Grade 10: August 28
12:30 - 2:30 pm
Grade 9: August 29
9:00 - 11:30 am

**Port Colborne
High School**
porthigh.dsbm.org
**Grade 12 (Last name
M-Z):** School to
August 28
9:00 - 11:30 a.m.
Grade 11: August 28
12:30 - 2:30 pm
Grade 10: August 29
9:00 - 11:30 a.m.
Grade 9: August 29
9:00 - 11:30 a.m.

**Stamford Collegiate
Secondary School**
stamford.dsbm.org
Grade 12: August 27
9:00 - 11:30 am
Grade 11: August 28
9:00 - 11:30 am
Grade 10: August 29
9:00 - 11:30 am
Grade 9: August 30
9:00 - 11:30 am

**St. Catharines
Catholic Secondary
School**
catholic.dsbm.org
Registration Times:
8:00 am - 1:00 pm
Grade 9 & 10: August 27
Grade 11 & 12: August 28
Grade 13: August 29
Grade 14: August 30
Grade 15: August 31

**Thorold
Secondary School**
thorold.dsbm.org
Registration Times:
9:00 - 11:30 am
Grade 10: August 27
Grade 11: August 28
Grade 12: August 29
Grade 13: August 30
Grade 14: August 31

IMPORTANT DATES - SECONDARY

September 2, 2013	Labour Day
September 3, 2013	First Day of School
September 13, 2013	Early Release Day
October 11, 2013	PA Day
October 14, 2013	Thanksgiving Day
November 15, 2013	PA Day
December 20, 2013	PA Day
December 23, 2013 -	Winter Break
January 3, 2014 (inclusive)	First Day of Class After Holiday
January 6, 2014	January 22 -
January 22 -	First Semester Exams
January 28, 2014	PA Day
January 29, 2014	Second Semester Begins
January 30, 2014	Early Release Day
February 14, 2014	Family Day
February 17, 2014	PA Day
March 7, 2014	March 10, 2014 -
March 10, 2014 -	March Break
March 14, 2014	Good Friday
April 18, 2014	Easter Monday
April 21, 2014	Victoria Day
May 19, 2014	June 20 -
June 20 -	Second Semester Exams
June 26, 2014	Last Day of School for Students

Take the DSBN with you!

Download the school year calendar directly to your phone! You'll find the files and directions at: www.dsbm.org/backtoschool



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Pelham won't close streets for longboarders

SARAH FERGUSON
PelhamNews Staff

Longboarders in Pelham won't get a traffic ban on a hilly section of Overbolt Rd.

The Pelham council chambers was overflowing during Monday's council meeting with about 75 concerned residents who were not supportive of the idea to close a section of the road so longboarders have a safe place to ride.

See page 2

Carved in stone



MARYANNE FIRTH Staff Photo

World-renowned stone carver Jonathan Mhondorhuma of Zimbabwe puts on a live demonstration during a celebration of his country's culture at Hamiltons of Pelham in Ridgeville Saturday. Please see story page 3.

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■ RECREATION: Ground to be broken soon in Fonthill park for 'boarder facility



The Town of Pelham has unveiled the design for the Isaac Riehl Memorial Skate Park.

Supplied photo

Volcano, memorial tree part of design

MARYANNE FIRTH
PelhamNews Staff

It has a name. It has a home. And now, the Isaac Riehl Memorial Skate Park has a design.

The Town of Pelham has unveiled the look of the long-awaited park, bringing the facility one step closer to becoming a reality in Marlene Stewart Street Park.

The design, created in partnership with New Line Skateparks Inc., was chosen by the town's skatepark design committee.

The skatepark honours its 14-year-old namesake, who died last fall after being struck by a car while longboarding on Foss Rd.

Isaac's friends and family rallied together and led an emotionally-charged cam-

paign to see the facility built to give the town's skaters a safe place to ride.

Ground is expected to be broken in the coming weeks and the 756-square-metre facility is scheduled to open in late fall. It will be located in the outfield of the Fonthill property's existing baseball diamond, which will be decommissioned at the end of the current base-

ball season. Pelham Minor Baseball will be moving its games to Centennial Park in Fenwick next season.

"We are proud that the new skatepark design is able to honour Isaac's memory and incorporate key landmarks of our community," said Mayor Dave Augustyn.

see PARK | page 5

■ LONGBOARDING: Second workshop planned

From page 1

The idea to a close a portion of the road came out of a problem-solving workshop held in July to determine a place in Pelham where youth could ride safely. The unofficial meeting was held in response to a prohibition of longboarding on four Pelham streets and allowed youth affected by the ban an opportunity to work with town staff to suggest solutions for places to participate in the sport.

Council received information from the workshop Monday night and directed staff to hold a second workshop. This meeting will include local stakeholders such as town staff, an insurance representative, as well as Niagara Regional Police and will be held within the next three weeks with a report forwarded to council at a Sept. 16 meeting.

Ward 1 Coun. Larry Clark said he wanted to make it "crystal clear" that council would not make any final decisions Monday night. The council meeting was meant as an opportunity to discuss the possibility of closing a portion of Overholt Rd. for the sport, he said.

In response to residents' concerns, council approved a motion to not permanently close Overholt Rd., or any other Pelham street for longboarders.

Instead, town staff, local stakeholders and longboarders will look at other options.

Farmer J. Douglas Major said he spoke on behalf of a number of residents who are against the

closure of Overholt Rd. for the use of longboarders.

He said there are a number of questions that needed to be answered such as the cost, the impact a closure would cause not only farmers, but business owners and residents, and liability issues if longboarders were to be injured while longboarding on a closed street.

He added farmers who use that road would be redirected to use Hwy. 20.

"Do we want downtown Fonthill plagued with farm vehicles and all the risks associated with that?"

Pelham resident Leigh Daboll said council should take into consideration that Overholt Rd. is under part of the Niagara Escarpment Commission's jurisdiction and closing it permanently for the purpose of recreation would pose issues.

Local longboarder Isaac Hazley, who represented a local group of longboarders known as the Fonthill Skaters Union (FSU), spoke to council, and said longboarders need a safe place to skate.

He said the FSU is a respectful group of youth that is willing to work with the Town of Pelham to find a solution that fits everyone.

Mayor Dave Augustyn said he appreciated the response from the community about the concern for longboarding safety.

"It took a lot of thought and effort and I would like to thank those individuals for coming forward with ideas and suggestions for our community."

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Upcoming events planned for library

FRAN GILES

I feel that I have been neglecting the male half of library users and today I want to right that wrong, but first, may I draw your attention to a few existing or upcoming programs.

In addition to our various drop-in events, some weekly, some fortnightly—that's every two weeks, for those who don't speak Brit—such as Kaitwits, Computer Club, Gadget Clinic, Cardmaking/Scrapbooking, and Bridge, there is the Seniors' Hawaiian Luau on Aug. 27 at 2 p.m. which is free but requires pre-registration by phone or in person.

And please don't forget the giant book sale.

Doors open at 9:30 a.m. on Aug. 20 and continue during library hours until 1 p.m. on Aug. 21. Merchandise has been flooding in for weeks now so there will be bargains galore.

Returning to the issue of fairness to male readers—or perhaps evenhandedness would describe it better—I think the division starts after the age when picture books and easy readers are appropriate.

There is a divide between what appeals to boys and to girls of the same age. Boys, generally speaking, and please note that I say generally, prefer stories with lots of action and also books that are factual.

Girls of the same age generally, generally again, prefer fiction, preferably centering on interaction within families or between non-related children.

This plays out in the teens when many boys have given up any reading that isn't on a computer screen whereas many girls still stick with stories. The tired businessman rarely comes to the library on Friday to pick up a book for the weekend; the tired businesswoman frequently does.

When the businessman isn't so tired, when he retires, for instance, he frequently returns to reading.

The library collection tends to reflect this dichotomy in that there tend to be more "women's novels" than "men's novels".

By that I mean, there are fewer books about war or adventure than about families and romance. A consideration of the small group of 14 day books (i.e. less than six months old) at Maple Acre branch reveals the following:

see GILES | page 6

■ COLUMN:

Discussing issues 330 times and counting

I believe that a huge part of my service as your mayor depends on two-way communication about issues and challenges facing Pelham. Part of that communication centres on my weekly / bi-weekly columns.

A perfect example is my last column—about the idea of prohibiting recreational longboarding on all roads but closing one road to potentially provide a safe location for Pelham longboarders. Obviously the ideas need broad evaluation—of costs, comparative, legal implications, traffic impacts, safety concerns and guidelines, etc.—and that's why I am pleased that the recommendation to council was to hold a special public meeting on this matter.

But, the community reaction was swift, and the concepts sparked great dialogue in the town. Council received three



DAVE AUGUSTYN
MAYORAL VIEW

presentations (two opposed and one in favour), two petitions, 4500 form letters, and 25 other items of correspondence regarding this issue at our meeting on Monday. While the dialogue will continue, I am pleased to have written about the issues.

How do I decide on a column topic? I write about what people ask me about or express concern about. Many columns are updates on progress or information about recent council decisions. Through the years, I have given advance notice of numerous special meetings (about the East Fonthill Secondary Plan or

the Official Plan), events (like Summerfest, the Mayor's Gala), or council debates (over the sign bylaw or an environmental protection bylaw).

I also report on Regional issues or decisions—like the Niagara Regional Police headquarters plans, or whether to hold a by-election to replace a regional councillor.

Some also focus on federal or provincial matters. These include several columns about the Fonthill Kame and the Ministry of Natural Resources (MNR) threat to lift the Area of Natural and Scientific Interest (ANSI) protection and about a proposed new southern hospital.

Finally, some columns appreciate the work of others—like our hundreds of committed and tireless volunteers—or are more light-hearted in nature.

The greatest numbers of my columns for you have been

about budgets and property taxes—things like council's pre-budget consultations, the capital and operating budgets, property taxes and tax rates, and changes at the province's municipal property assessment corporation (MPAC).

And there have been many more topics—like the town's property at Rice Rd. and Regional Rd. 20 and recreational issues—and many, many more columns—330 to be exact.

I deeply appreciate the local media continuing to publish my column week after week. And, I appreciate you reading them and being part of a dialogue so that we can continue to work together to improve our beloved town.

You may suggest future columns by contacting Mayor Dave Augustyn at mayordave@pelham.ca or read past columns at www.pelhammayordave.blogspot.com.

■ COLUMN

July heat waves slows down home sales

Unit sales of residential properties dropped off 28.6% in July compared to the same month last year.

According to MLS* system reports of the Niagara Association of REALTORS there were 15 sales in Pelham during the month of July 2013 down from the total of 21 sales reported in July 2012.

This first month so far this year the home sales were slower than our previous year's level.

In fact, sales for the month were significantly lower than the 19 transactions recorded in July 2011 and the total of 18 recorded in July 2010.

The slow down corresponds directly with



CATHY BERKHOUT-BOSSE
REAL ESTATE VIEW

the beat wave that struck Niagara throughout the first half of the month causing even the most ardent homebuyer to postpone house-hunting activities.

On a more positive note, the pace of year-to-date sales remains firmly ahead of last year.

Since Jan. 1 there have been 138 homes sold compared to 124 between January and July last year—representing an overall increase of 8.7%.

Interestingly enough the

weather didn't seem to impact July sales results in the Rose City. The July 2013 sales total of 66 units in Welland was up slightly from the 64 transactions recorded in July 2012 but lags 26% below the level of 89 sales reported in July 2011.

Year-to-date in Welland, there has been a 12.4% decline in market activity with 410 sales reported so far this year compared to 468 units sold during the January to July time frame

last year.

In Pelham the 12 month average sale price in July 2013 was \$ 334,216 – a spike of 5.2% from the July 2012 level of \$ 323,451. In Welland the July 2012, 12 month average price was \$ 314,952, down 0.7% from last year's \$ 186,195.

The month of August will be an important indicator of sales predictions for the remainder of the year. Should the sales slide continue, you can expect a corresponding cool down in average price growth during the Fall market season.

Cathy Berkhout-Bosse, H.B.A. is a real estate broker at ReMax Welland Realty Ltd. living in Pelham. You may read past columns at www.NiagaraRealtySource.com

■ PARK

'This is something that means a lot to the community'

FROM PAGE 2

"It's not just a generic, off-the-shelf skatepark. This is something that means a lot to the community."

Town council has committed a maximum \$298,000 toward the project, which comes with an estimated \$400,000 price tag.

Fundraising efforts, including a \$115,000 grant secured through the Aviva Community Fund contest, the Be Rich!, Be You T-shirt campaign and community donations, have yielded an additional \$150,000 for construction of the park.

With the surplus fundraising dollars, Augustyn said, council will look at potential additions to the park design, including coloured concrete, an additional walkway and benches.

The community is invited to view the skatepark design in further detail Thursday, Aug. 15, from 5 p.m. to 7 p.m. in Peace Park — the evening of the farmers' market and bandshell entertainment. Donations for the project will also be accepted that night.

As plans for the skatepark move

forward, the town is also addressing the issue of longboarding in the community.

Following safety concerns raised by Niagara Regional Police and Pelham's bylaw enforcement officer, longboarding was prohibited along sections of Overholt Rd., Shoalts Dr., Elizabeth Dr. and Effingham St.

This prompted complaints from longboarders and, as a result, a problem-solving session was held July 25.

One of the ideas that came out of the meeting was the periodic closure of Overholt Rd. to provide youth with a place to longboard safely.

The community has since responded strongly, however, that a closure should not occur, Augustyn said.

Council planned to discuss the skate park design, which includes a small area for beginner longboarders, and the possibility of putting in a larger track for intermediate riders, at its meeting Monday he said.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune

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2013 WINTER PROGRAM REGISTRATION

Wednesday, August 21 • 6:00-7:30 pm at the Pelham arena
Tuesday, August 27 • 5:30-7:00 pm at Port Colborne Arena
Saturday, September 14 • 10:00 am-2:00 pm at the Welland
Wellness Centre (145 Lincoln St.)

* Informal registration available at the Welland Youth Arena, Pelham & Port Colborne Arena during skating hours. See the schedule on the website for times



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■ GILES

Books that appeal to men

FROM PAGE 4

Red Dragon Rising by Larry Bond, which talks about war; Private Alley by Stephen Coonts, which is about modern day pirates; three books by Clive Cussler, two on modern warfare and weapons technology and one featuring detective Isaac Bell and set in 1920s in the U.S.; Terror Red by Col. David Hunt and Christine Hunsinger about terrorism.

Most of the rest are books that appeal principally to women.

Where would we be, however, without that substantial group of books that appeal to both men and women? I refer to such writers as Stephen King, James Patterson, Edward Rutherford, Jeffrey Archer, Ken Follet, Lee Child, David Baldacci, or that multitude of murder mysteries and crime novels that are indiscriminate in their appeal. More about that in another column.

Finally, all those aspiring book club members, note that registration (and payment) opens on Monday, Aug. 12, and can take place at either branch. Come early and don't be disappointed.

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RECREATION PROGRAMS & CLASSES

Zumba Fitness @ Pelham Arena

Tuesday Aug. 20th 7:30pm - 8:30pm

Zumba Gold @ Pelham Arena

Tuesday Aug. 20th 9:30am - 10:30am
Thursday Aug 22nd 9:30am - 10:30am

Drop in and try any session for \$6 or purchase your 10 + 2 bonus passes for \$60. For more info, contact (905) 892-2607, ext. 329.

Walking Club - Everyone is welcome - Aug. 20th and Aug. 22nd

Interested in walking in Pelham? Interested in joining a Walking Club? Then join us! Tuesdays at Pelham Arena from 9-10am and Thursdays at Fonthill Bandshell from 9-10:30am. For more information, please contact (905) 892-2607 ext. 329.

Summer Program Registration

Registration for the Aquatics programs and Summer Camps continues. Details and application forms are available at www.pelham.ca.

COMMUNITY EVENTS & NEWS

CALL FOR PHOTOS - Town of Pelham Community Guide

The Town of Pelham is gearing up for the inaugural issue of our new Pelham Community Guide for Fall/Winter. The redesigned publication will feature our new brand in a modern magazine format with key interest stories and community editorials. Also included will be a complete listing of recreation and leisure opportunities, contact information, and associated programs.

In order to produce an impressive guide, we need your help to develop an image library. If you have great images of yourself, your kids, family, friends, pets, neighbours or co-workers, enjoying fall/winter activities, events, and programs in our fantastic town, kindly submit them to amcknight@pelham.ca by **Friday, August 16, 2013**.

Have fun shots of apple picking, pumpkin carving, hockey games, indoor/outdoor skating, snowman building, Thanksgiving, Halloween and Christmas? Submit those for consideration too! **MYAC OUTDOOR MOVIE NIGHT - Wednesday, August 28**

Gather your friends and come join us in Peace Park, 20 Pelham Town Square, to watch "The Crows". Movie starts at 8:30 p.m.

THE PELHAM POOL IS OPEN!!! - "Season memberships can be purchased at Pelham Town Hall"

Public Swim Hours

Weekends: 1-5pm & 6-8pm

Weekdays: 1-4pm (Beginning July 2nd) & 6-8pm

Lane Swim: Weekdays 12-1pm & 5-6pm; Fridays 7-8am

Admission Prices

Adult:\$3.50 (\$50 Season Membership)

Youth/Senior: \$3.00 (\$50 Season Membership)

Family: \$10.00 (\$92 Season Membership)

***Reminder: the FINAL day of the 2013 Pool Season is Friday, August 30, 2013.**

If interested in renting the Marlene Stewart Street Park Pool for a private function, please contact 905 892-2607, ext. 347 for more information.

(((Wi-Fi))) Now Available @ Peace Park in Fonthill

Just in time for summer festivals and events, free Wi-Fi access is now available to Peace Park visitors 24/7. Be sure to check it out when attending Bandshell or taking a stroll through the park!

Pelham Farmers' Market - May 2 until October 24 at Pelham Town Square

August 8th Market Bucks Winner: Jackie

2013 marks the 10th year for our vibrant Farmers' Market! Come out and meet your local market vendors and purchase food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday from May 2 to October 24, 4:30pm till dusk.

Thursday Night Concerts - June 20 until September 5 - Fonthill Bandshell, Peace Park

Check out the fantastic lineup at www.fonthillbandshell.com.

NOTICES & REMINDERS

Join the Communities in Bloom and Canada Day Committees!

Both Town committees are looking for interested members! To join or for more information, contact (905) 892-2607 ext. 341.

Book the Arena Hall or Old Pelham Town Hall for your next function or event!

For more information, contact (905) 892-2607, ext. 347.

List Your Business in the Town of Pelham Recreation, Culture & Wellness Guide

Fill out a business directory information card with the Town of Pelham by visiting Town Hall or contact 905-892-2607, ext. 315.

Keep Pelham Streets "Lit"

Report any problems you notice with Town streetlights to Public Works at (905) 892-2607, ext. 332. Please remember to provide the pole number for the hydro utility to investigate.

Reminder for Dog Owners

Please note that in accordance with By-Law 97-2010, dog owners and walkers are required to remove all feces left behind on private or public property. Please remember to be responsible and stop and scoop!

Open Air Burning Permit

Please note open air burning requires a permit at a cost of \$20 annually. Pick up yours at Pelham Fire Station #1, 1177 Highway #20 West, Fonthill. For more information, contact (905) 892-3943.

BBQ Safety Tips

When lighting your propane barbecue, open the lid and strike your match or lighter before turning on the gas. Check cylinder connections and hoses for leaks. Never use or store a propane barbecue indoors or in any enclosed space, including a garage. Keep propane cylinders at least 1.5 meters from any building opening.

BANDSHELL

Jersey Kid to perform in Peace Park

Recently, the Broadway musical Jersey Boys became an international hit and brought attention to the hits from the 1960s especially The Four Seasons.

Paul Fracassi, the Jersey

Kid, has managed to create a big fuss up in Canada as he was a finalist on Canada's version of American Idol - "Canadian Idol" and soon the American public will discover this new singing sensation.

His vocal range has been compared to the great crooners of the American songbook and especially the high vocal range of Frankie Valli. It is no wonder that this artist chose the music of The

Four Seasons to pay tribute to and Paul Fracassi handles the Frankie Valli songs as if Frankie Valli himself was on stage singing them in his early years on the Ed Sullivan show.



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The Jersey Kid will perform the music of Frankie Valli and the Four Seasons, presented by Country Corner Market, on Thursday, Aug. 15 at 7 p.m. in Peace Park.

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AROUND TOWN

FRIDAY
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GARAGE SALE

and bake sale at Glad Tidings Church of God in Fonthill. Event to take place from 4 p.m. to 7 p.m. Rain date is Aug. 17 from 8 a.m. to noon. 1 Pancake Lane.

SUNDAY
AUGUST 18
BALL'S FALLS HIKES

Ball's Falls volunteers will be providing half-hour guided hikes to the upper falls from the centre for conservation at Ball's Falls Conservation Area at 10 a.m. and 2 p.m. Regular admission fee applies. For more information visit ballfalls.ca or call 905-562-5235.

SUNDAY
AUGUST 25
MS BIKE TOUR

In this my ninth year to raise funds to help our son who has MS, I've registered for the

MS Bike Tour to fulfil a personal challenge, and to help the MS Society fund research, advocate for change and help people with MS and their families. Please give generously. Visit msbiketours.com.

BALL'S FALLS HIKES

Niagara Bruce Trail Club will be providing half-hour guided hikes to the upper falls from the centre for conservation at Ball's Falls Conservation Area at 10 a.m. and 2 p.m. Regular admission fee applies. For more information visit ballfalls.ca or call 905-562-5235.

MONDAY
SEPTEMBER 9
NIAGARA BEEKEEPERS

Association meets at the Niagara Regional Police Service community room, 5 Lincoln St., Welland, at 7 p.m.

MORE LISTINGS PAGE 17

Dr. Kimberly Dobson

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■ BASEBALL



Supplied photo

The Pelham Minor Baseball Peeewe Storm team welcomed the St. Catharines Peeewees on Thursday Aug 8, to play the final baseball game at Marlene Stewart Street Park. The diamond was removed to make room for the town's new skate park.

Pelham teams play final games at 'The Pit'

The Pelham Minor Baseball Peeewe Storm team welcomed the St. Catharines Peeewees on Thursday, Aug. 8 to play the final baseball game at Marlene Stewart Street Park.

The diamond was removed on Aug. 9 as part of the Town of Pelham's master recreation plan to make room for the Isaac Riehl Skate Park. The Pelham Storm team snatched a victory in the last inning, an exciting end to over 50 years of baseball action at the diamond fondly known as The Pit.

On Tuesday, Aug 6, the Pelham Meridian Credit Union Peeewees Royals opened their playoff season with their goodbye game at The Pit against St. Catharines 2. Dawson McQueen-LaFleur started on the mound, pitching three strike-outs in two innings. Highlights of the opening innings included Ryan

Kish pocketing a fly-out in right field, Braeden Proust hitting a single and stealing his way around the diamond, and Josh George slugging an RBI double and a single which sent Kira Tarasuk home in a slide. Josh George's turn on the mound marked a turning point in the fourth, as a strike-out, and two outs at first base - Wyatt Cheberinoff's sure hands picking up the throws from Dawson McQueen-LaFleur and Ayrton Ashick - shut down the St. Catharines teams and brought the Royals within a run.

A shut-down inning from George in the fifth opened the door and the Royals' bats walked through with an RBI single from Wyatt Cheberinoff, an RBI double from Reid Kish, and an RBI triple from Ayrton Ashick to top off the victory.

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■ SOCCER

Pelham Panthers defeat Niagara United 5-1

For PelhamNews

The Boys Under 10 Pelham Panthers understood the recipe for success when they took on Niagara United in the opposition's home field, and came away with a 5-1 win in their ninth game of the season.

Although the first few minutes of the

game appeared to be Niagara's, Pelham fought back when defender Jacob Martin passed to forward Luke DeGobbo who carried the ball into United's box and sent it to the back of the net.

see SOCCER | page 16



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R.Ph. B.Sc. PHM

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Ask Our

Pharmacists
WARTS



RON PARTON
R.Ph. B.Sc. PHM

Warts are a common viral skin infection caused by human papilloma viruses. In general warts on the hands and feet are harmless and must resolve on their own. However, they can cause embarrassment and some discomfort. There are a couple of over-the-counter (OTC) remedies that work well to treat these kinds of warts.

Infection with HPV occurs with skin-to-skin contact. Warts are caused by viruses and are passed from person to person. A common way of contracting the virus is by walking barefoot in public pools, showers etc.

About 30% of warts clear spontaneously in six months and 65% to 78% clear in two years without any treatment. However, most people would like to resolve warts more quickly than this. Salicylic acid is a first line OTC option. This medicine slowly destroys virus-infected skin and may stimulate the immune response of the person infected through mild irritation, which in turn helps clear the infection. There are a number of salicylic products available. They range in concentration from 17% to 40%. A 40% product should be used for plantar warts. The use of salicylic acid on facial warts is not recommended because of a potential risk of hypo- and hyperpigmentation (skin discolouration).

There is a bit of a regimen to follow with salicylic acid products. Before treatment the warts should be soaked in warm water for five minutes. Then, an emery board or pumice stone should be used to remove dead tissue. The salicylic acid treatment should then be applied. Treatment may need to be continued for up to 12 weeks. If the wart causes pain, patients can take acetaminophen or ibuprofen for the discomfort. Examples of OTC salicylic acid wart removal products include COMPOUND W, DR. SCHOLL'S CLEAR AWAY PLANTAR, and QUODERM WART REMOVER.

Cryotherapy (freezing) is another common wart removal treatment. This causes irritation and tissue destruction so that the individual mounts an immune response against the virus. Doctors typically use liquid nitrogen which freezes tissues to -196°C. There are also home cryotherapy systems available. These contain dimethyl ether and propane (DMEP). Examples include DR. SCHOLL'S FREEZE AWAY WART REMOVER, COMPOUND W FREEZE OFF. Evidence shows DMEP and liquid nitrogen are fairly similar in efficacy. After application of cryotherapy a blister is formed under the wart. The freeze skin and wart falls off after about ten days and reveals newly formed skin underneath. It is recommended that OTC cryotherapy only be repeated three times usually in ten day intervals.

The use of duct tape as a wart treatment has gained popularity. By cutting duct tape over the wart they think the virus is deprived of oxygen which causes irritation and stimulates the immune response to the virus. Typical administration involves applying silver duct tape over the wart and removing a week later. Scrubbing the area with an emery board and leaving it open over night. Then reapplying duct tape. Silver duct tape has been shown to be more effective than clear duct tape, possibly because of the adhesive.

There are also a number of prescription products that can be used for warts if OTC treatments are ineffective. Patients with diabetes should consult their physicians before beginning treatment for their warts. Also, genital warts must be treated by physicians and are not suitable for treatment with OTC methods.

In general OTC wart treatments are effective, however, it may take several weeks for the wart to be removed. For proper selection of a treatment method come in and speak to your pharmacist.

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■ GOLF

Golfers battle it out in playoff

MARYANNE FIRTH
PelhamNews Staff

Jim Rutledge and Rod Spittle went head-to-head to the 18th hole last Friday, but the competition didn't stop there.

After matching each other's three-round score of 209, it took the golf pros four playoff holes before Rutledge was ultimately crowned the winner of the PGA of Canada Seniors' Championship for the third time in his career.

Defending his title from 2012, Rutledge shot a 37-33-70 last Friday and a 67-72-70-209 overall in the three-day, 54-hole tournament at Lookout Point in Pelham.

"After nine holes, I didn't figure it was a possibility to tell you the truth," Rutledge, 53, said Friday of his comeback to victory in the final round.

It was a 40-footer for an eagle on the 12th that gave the Victoria, B.C. native his drive back.

"It got me lit up again," he said. In a few short holes he was able to close a five-shot gap that separated him from Spittle.

And then came the playoffs, which Rutledge said "speak for themselves."

"It's winner takes all. You have to play conservatively aggressive, but it's all good fun."

Along with the championship title, Rutledge claimed \$9,000 of the \$55,000 purse.

Spittle, a Niagara Falls native, was pleased with the nail-biting finish to the tournament.

"We just kept going round and round. We almost got dizzy out there," he said with a laugh after claiming his second-place spot.

"We were both pretty steady most of the day," he said, and while he had the lead on Rutledge on the front nine after shooting a three-under 34, his competition came back strong on the final nine holes.

"It was a classic day of golf."

Spittle finished the day with a 34-37-71 and shot 70-68-71-209 in the three-day tourney.

Both Rutledge and Spittle will rejoin the PGA Champions Tour next week, teeing off this Friday in Endicott, N.Y.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune



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The Boys Under 10 Pelham Panthers recently defeated Niagara United 5-1.

Supplied photo

■ SOCCER

FROM PAGE 13

This would be the first of three goals for DeGobbo.

Middle defender, Luca DeChellis fired a line drive shot at Niagara's keeper on a free kick, only to result in a rebound for forwards, Ethan Hawkins and Elijah Lepper. It was Lepper who was rewarded with the goal, inching Pelham ahead of the United boys.

At half time, it seemed as if the game win could go either way with Pelham ahead 2-1, but just after a five minute break, the Panthers returned with their claws out.

The teamwork of forwards, Alex Loscavo and Luke DeGobbo caused the third goal with a corner kick from Loscavo, crossing it to DeGobbo who headed it into Niagara's net. With no time to waste,

defender, Michael Dykstra made a pass to forward Ian Safranyos who worked hard to move the ball into position and fired home the Panthers' fourth goal.

New recruit George Martinson and veterans Luca Dechellis and Sam Atherton took control of the defensive line and kept Niagara at bay, allowing very few scoring chances. Jacob Martin continued to control the ball well as be

and Tyler Britton moved the ball forward time after time.

Netminder, Noah Wigglesworth played a solid game in net and was instrumental in scoring a fifth goal for Pelham. In a daring move, Wigglesworth came out of his net to deflect a United corner kick down the field.

DeGobbo collected the ball and played give and go with Loscavo, earning his hat trick.



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The most frequent cause of tire failure is under-inflation. Even extreme under-inflation can be difficult to detect by mere visual inspection. Don't depend on it, use a personal tire pressure gauge. Under-inflated or overloaded tires generate high levels of destructive, internal heat, which could cause your tires to blowout. Extreme under-inflation can even unseat the tire from the rim while your vehicle is in motion.

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AROUND TOWN

ONGOING LISTENINGS

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is showing the work of Jessie Richard for the months of July and August. Other interested artists are encouraged to call 905-732-2840 or 905-735-4463 to display their work during 2014. Donations keep the wall there and tax receipts will be issued for donations over \$10.

WELLAND LAWN BOWLING Club invites the public to

come out every Tuesday and Thursday to Chippawa Park at 6:30 p.m. until Labour Day.

INFERTILITY SUPPORT GROUP

Niagara meetings are held the first Wednesday of each month at 6:30 p.m. for anyone experiencing primary infertility. Call or text 289-821-4606 or e-mail infertilityniagara@hotmail.com for location or more information.

COUPON CLUB

Thrifty Living Social Club & Coupon Swap takes place the last Monday of the month at

Port Colborne Library, 310 King St., at 6 p.m. Free for all adults. Bring your tradeable coupons, enjoy some refreshments and social time. Chances to win free prizes.

VENDORS WANTED

The Guild Hall Makers' Market, 72 Charlotte St., Port Colborne, is held every Friday 8 a.m. to 12:30 p.m. To inquire, call Mary at 905-835-0394 or the church office at 905-834-3184.

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Guided tours are offered the second and fourth Saturday of the month between 10 a.m. and 1:45 p.m. Departure from 1036 Point Abino Rd. S., Ridgeway, next to the Bertie Boating Club. Further info at www.forterie.on.ca or www.palps.ca

COMPUTER LESSONS

offered one-on-one at Port Colborne library, Saturday mornings. Lessons geared toward your interests. Topics include e-mail, Facebook, Twitter, blogging and more. Call the library at 905-834-6512 for an appointment. Cost: \$30 per

one-hour lesson. Pre-registration required.

TD SUMMER READING CLUB

at Wainfleet Township Public Library runs July 2 to Aug. 9. It is divided into three age groups. Each child comes to one session per week. Registration forms available in the library or online. Completed registration forms must be returned to the library to reserve your child's spot. Sessions fill quickly. No phone registrations permitted. Clubs also offered at Welland and Port Colborne libraries.

CANADIAN TIRE

SHIFT INTO SUMMER

TAKE A LOOK UNDER THE HOOD

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Tune up your car

Canadian Tire Auto Service offers:

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NIAGARA FALLS
905 358-0181

LOUTH ST.
ST. CATHARINES
905 882-8275

MONTRORSE RD.
NIAGARA FALLS
905 354-3848

GARRISON RD.
FORT ERIE
905 671-1584

WEST SIDE DR.
PORT COLBORNE
905-835-1155

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905-732-7501

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15, 16 & 17**

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110 PANCAKE LANE,
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Church of God, Fri.
Aug. 16th at 4-7pm &
Sat. Aug. 17th at 8am-
noon.

Rain Or Shine
165 EDGAR ST.,
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Aug. 17 & 18th at 8am-
noon. Massive
"Moved-In Sale". Not
to be missed!

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660 Roland Rd.,
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Aug. 17th at 8am-1pm
More stuff including
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Cupboard

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(across from Sobey's)
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PORT COLBORNE
101 CLARENCE STREET
(across from Food Basics)
905.835.9806

**Customer
Appreciation Day**
FIRST WEDNESDAY OF
EVERY MONTH
Open Late until 7PM

What's the Connection Between Belly Fat, Skin Tags and Diabetes

hormone that, when in excess, also causes an elevation in male hormones in women, causing male facial hair growth and acne too. In men, elevated insulin results in a **beer belly** and breasts. High insulin promotes **weight gain**, high cholesterol, **diabetes** and excess **belly fat**. **Skin tags** are an early sign of pre-diabetes. Thankfully, busting belly fat and normalizing insulin just got easier. **GLUCOsmart** containing **Chirositol™** has been researched in over 30 studies at the Virginia Medical School, for prediabetes, **Type-2 diabetes**, and excess male hormone-related conditions such as **PCOS**. GLUCOsmart has also been shown to reduce appetite and **sugar cravings**. But where GLUCOsmart really shines is in **fighting belly fat** in both **MEN AND WOMEN**.

Belly fat is a stubborn problem. No end of sit-ups and crunches make it disappear. Starving and **running** on the treadmill for hours every week doesn't seem to budge **belly fat** either. We know there is a connection between our expanding waistlines and our **hormones**. The main hormone contributing to belly fat is insulin. Insulin is a **powerful**

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PORT COLBORNE
101 CLARENCE STREET
(across from Food Basics)

905.892.9054 905.835.9806



Especially for Kindergarteners!

The First Rider Program is a great way for young children and parents to learn about riding the bus before school even begins. Parents will appreciate the safety information, while children will have fun learning how to be a good rider in a fun and interactive way.

Dates & Times

Friday, August 23, 10:00 am-4:00 pm

Saturday, August 24, 10:00 am-4:00 pm

Place: Pen Centre, St. Catharines

Call: No school bus in your neighbourhood? Parents to guarantee your seat at a certain time of day, please call us at 905-668-9600 and we would be happy to save a spot for you.



IMPORTANT DATES - ELEMENTARY

SchoolLocateIt!

Not sure what school your student should be attending? Our easy-to-use School Locator can help!

Simply type in your address and find location, website and phone number your DSBN home school.

www.dsbn.org/findaschool

Take DSBN With You!
Download the school year calendar directly to your phone! You'll find the files and directions at:
www.dsbn.org/backtoschool

September 2, 2013
September 11, 2013
September 13, 2013
October 11, 2013
October 14, 2013
November 15, 2013
December 20, 2013
December 23, 2013 -
January 3, 2014 (inclusive)
January 6, 2014
January 17, 2014
February 14, 2014
February 17, 2014
March 7, 2014
March 10, 2014 -
March 14, 2014
April 21, 2014
April 19, 2014
May 19, 2014
June 25, 2014
June 27, 2014

Labour Day
First Day of School
Early Release Day
Professional Activity Day
Thanksgiving Day
Professional Activity Day
December 20, 2013
December 23, 2013 -
January 3, 2014 (inclusive)
Winter Break
First Day of Class After Holiday
Professional Activity Day
Early Release Day
Family Day
Professional Activity Day
March Break
Good Friday
Easter Monday
Victoria Day
Professional Activity Day
Last Day of School for Students

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District School Board

